

SASA North District
Open Water Swimming Championships
Loch Insh
2nd September 2023



Senior Men's 5 km

Place	Name	Club	Time
1	Ben McLaughlin	Garioch	1:06:21
2	Fraser Tetlow	Garioch	1:06:53
3	Fraser McKane	Swim-IT	1:16:46
4	Brian Bain	Silver City Blues	1:18:39
5	Gregory Smedley	Silver City Blues	1:24:47
6	Michael Thomson	Inverness	1:26:43
7	Jack Moore	Swim-IT	1:37:58
	Kyle Mitchell	Garioch	DNF
	Andrew Evans	Silver City Blues	DNF

Senior Men's 5 km - North District

Place	Name	Club	Time
1	Ben McLaughlin	Garioch	1:06:21
2	Fraser Tetlow	Garioch	1:06:53
3	Brian Bain	Silver City Blues	1:18:39
4	Gregory Smedley	Silver City Blues	1:24:47
5	Michael Thomson	Inverness	1:26:43
	Kyle Mitchell	Garioch	DNF
	Andrew Evans	Silver City Blues	DNF

Masters Men's 5 km

Place	Name	Club	Actual Time	Adjusted Time
1	Brian Bain	Silver City Blues	1:18:39	1:07:33.89
2	Fraser McKane	Swim-IT	1:16:46	1:16:40.17
3	Gregory Smedley	Silver City Blues	1:24:47	1:23:52.69
4	Michael Thomson	Inverness	1:26:43	1:25:35.22
	Andrew Evans	Silver City Blues	DNF	

Masters Men's 5 km - North District

Place	Name	Club	Actual Time	Adjusted Time
1	Brian Bain	Silver City Blues	1:18:39	1:07:33.89
2	Gregory Smedley	Silver City Blues	1:24:47	1:23:52.69
3	Michael Thomson	Inverness	1:26:43	1:25:35.22
	Andrew Evans	Silver City Blues	DNF	

Senior Women's 5 km

Place	Name	Club	Time
1	Grace Campbell	Portobello	1:11:01
2	Kelly McIntosh	Silver City Blues	1:11:40
3	Emily Riach	Bridge of Don	1:14:37
4	Katie Taylor	Edinburgh University	1:19:38
5	Hannah Staal	Step Rock ASC	1:20:40
6	Anna Campbell	Portobello	1:21:45
7	Fiona McGibbon	Inverness	1:26:29
8	Allison Allan	Silver City Blues	1:48:54
	Madina Kurmanbaeva	Bridge of Don	DNF

Senior Women's 5 km - North District

Place	Name	Club	Time
1	Kelly McIntosh	Silver City Blues	1:11:40
2	Emily Riach	Bridge of Don	1:14:37
3	Fiona McGibbon	Inverness	1:26:29
4	Allison Allan	Silver City Blues	1:48:54
	Madina Kurmanbaeva	Bridge of Don	DNF

Masters Women's 5 km

Place	Name	Club	Actual Time	Adjusted Time
1	Kelly McIntosh	Silver City Blues	1:11:40	1:10:12.17
2	Fiona McGibbon	Inverness	1:26:29	1:21:36.97
3	Allison Allan	Silver City Blues	1:48:54	1:38:36.49
	Madina Kurmanbaeva	Bridge of Don	DNF	

Masters Women's 5 km - North District

Place	Name	Club	Actual Time	Adjusted Time
1	Kelly McIntosh	Silver City Blues	1:11:40	1:10:12.17
2	Fiona McGibbon	Inverness	1:26:29	1:21:36.97
3	Allison Allan	Silver City Blues	1:48:54	1:38:36.49
	Madina Kurmanbaeva	Bridge of Don	DNF	

13-14 years Men's 3 km

Place	Name	Club	Time
1	Finlay Hiddleston	Dumfries	0:44:39
2	Fergus Reid	Garioch	0:45:31
3	Austin Macpherson	Garioch	0:45:52
4	Cole Murphy	City of Glasgow	0:48:45
	Struan Paton	Bridge of Don	DNF
	Oscar Geary	Step Rock ASC	DNF
	Conner Aspinall	East Lothian	DNS

13-14 years Men's 3 km - North District

Place	Name	Club	Time
1	Fergus Reid	Garioch	0:45:31
2	Austin Macpherson	Garioch	0:45:52
	Struan Paton	Bridge of Don	DNF

15-16 years Men's 3 km

Place	Name	Club	Time
1	Sam Coull	Step Rock ASC	0:44:02
2	Rowan Geary	Step Rock ASC	0:44:30
3	Finch Geary	Step Rock ASC	0:46:32
4	Oliver Wishart	Carnegie	0:47:35
5	Rhys Edwards	Dumfries	0:47:56
6	Euan Murphy	Ythan	0:50:32
	Oscar Chirnside	Garioch	DNS

15-16 years Men's 3 km - North District

Place	Name	Club	Time
1	Euan Murphy	Ythan	0:50:32
	Oscar Chirnside	Garioch	DNS

13-14 years Women's 3 km

Place	Name	Club	Time
1	Daisy Gildea	City of Glasgow	0:48:55
2	Lucy Hall	East Lothian	0:50:27
3	Juliette Kidd	Dundee City Aquatics	0:50:48
4	Erin McLaughlin	Garioch	0:52:10
5	Katy Tweedie	Garioch	0:54:22
	Elsie Kushner	Step Rock ASC	DNF
	Maia Staal	Step Rock ASC	DNF
	Lucy Mitchell	Garioch	DNS

13-14 years Women's 3 km - North District

Place	Name	Club	Time
1	Erin McLaughlin	Garioch	0:52:10
2	Katy Tweedie	Garioch	0:54:22
	Lucy Mitchell	Garioch	DNS

15-16 years Women's 3 km

Place	Name	Club	Time
1	Isla Reid	Garioch	0:49:28
2	Ellyn MacPhee	Fauldhouse Penguins	0:49:55
3	Alice Perry	Warrender	0:50:29
4	Hannah Anderson	Carnegie	0:51:27
5	Adah East	Stirling	0:51:52
6	Isla Kidd	Dundee City Aquatics	0:53:47
7	Freya Hedley	Step Rock ASC	0:54:07
8	Georgia Adamson	Carnegie	0:55:33
9	Myren MacPhee	Fauldhouse Penguins	0:57:01
10	Heather Kellock	Dumfries	0:57:01
11	Isla Stewart	Carnegie	0:57:08
	Ellie Tetlow	Garioch	DNF
	Elizabeth McWilliam	Garioch	DNF

15-16 years Women's 3 km - North District

Place	Name	Club	Time
1	Isla Reid	Garioch	0:49:28
	Ellie Tetlow	Garioch	DNF
	Elizabeth McWilliam	Garioch	DNF

Senior Men's 500 m (reduced from 1.5 km)

Place	Name	Club	Time
1	Ben McLaughlin	Garioch	0:06:07
2	Fraser Tetlow	Garioch	0:06:25
3	Kyle Mitchell	Garioch	0:06:27
4	Brian Bain	Silver City Blues	0:07:42
5	Jonathan Seeley	Unattached	0:08:51
6	Andrew Gordon	Silver City Blues	0:09:01
7	Michael Thomson	Inverness	0:09:07
8	Paul Gormley	Silver City Blues	0:09:19
9	Gordon Haywood	Swim-IT	0:09:22
10	Ian Whyte	Glasgow Nomads	0:09:55
	Gregory Smedley	Silver City Blues	DNS
	Andrew Evans	Silver City Blues	DNS
	David Smith	Aberdeen Dolphin	DNS

Senior Men's 500 m (reduced from 1.5 km) - North District

Place	Name	Club	Time
1	Ben McLaughlin	Garioch	0:06:07
2	Fraser Tetlow	Garioch	0:06:25
3	Kyle Mitchell	Garioch	0:06:27
4	Brian Bain	Silver City Blues	0:07:42
5	Andrew Gordon	Silver City Blues	0:09:01
6	Michael Thomson	Inverness	0:09:07
7	Paul Gormley	Silver City Blues	0:09:19
	Gregory Smedley	Silver City Blues	DNS
	Andrew Evans	Silver City Blues	DNS
	David Smith	Aberdeen Dolphin	DNS

Masters Men's 500 m (reduced from 1.5 km)

Place	Name	Club	Actual Time	Adjusted Time
1	Brian Bain	Silver City Blues	0:07:42	06:36.88
2	Ian Whyte	Glasgow Nomads	0:09:55	07:55.12
3	Jonathan Seeley	Unattached	0:08:51	08:38.27
4	Andrew Gordon	Silver City Blues	0:09:01	08:48.03
5	Gordon Haywood	Swim-IT	0:09:22	08:51.36
6	Michael Thomson	Inverness	0:09:07	08:59.87
7	Paul Gormley	Silver City Blues	0:09:19	09:03.39
	Gregory Smedley	Silver City Blues	DNS	
	Andrew Evans	Silver City Blues	DNS	
	David Smith	Aberdeen Dolphin	DNS	

Masters Men's 500 m (reduced from 1.5 km) - North District

Place	Name	Club	Actual Time	Adjusted Time
1	Brian Bain	Silver City Blues	0:07:42	06:36.88
2	Andrew Gordon	Silver City Blues	0:09:01	08:48.03
3	Michael Thomson	Inverness	0:09:07	08:59.87
4	Paul Gormley	Silver City Blues	0:09:19	09:03.39
	Gregory Smedley	Silver City Blues	DNS	
	Andrew Evans	Silver City Blues	DNS	
	David Smith	Aberdeen Dolphin	DNS	

Senior Women's 500 m (reduced from 1.5 km)

Place	Name	Club	Time
1	Grace Campbell	Portobello	0:06:46
2	Kelly McIntosh	Silver City Blues	0:06:48
3	Isla Hedley	Step Rock ASC	0:06:51
4	Emily Riach	Bridge of Don	0:06:59
5	Ella Chalmers	Ythan	0:07:06
6	Isabella McGeorge	Step Rock ASC	0:07:41
7	Ruth Bryce	Aberdeen Dolphin	0:07:57
8	Fiona McGibbon	Inverness	0:08:30
9	Alexis Holmes	Ren 96	0:08:49
10	Gillian Main	Silver City Blues	0:09:17
11	Jennifer MacDougall	Inverness	0:10:28
12	Jayne Prins	Ren 96	0:11:29
	Debbie Robertson	Nairn	DNF
	Madina Kurmanbaeva	Bridge of Don	DNS

Senior Women's 500 m (reduced from 1.5 km) - North District

Place	Name	Club	Time
1	Kelly McIntosh	Silver City Blues	0:06:48
2	Emily Riach	Bridge of Don	0:06:59
3	Ella Chalmers	Ythan	0:07:06
4	Ruth Bryce	Aberdeen Dolphin	0:07:57
5	Fiona McGibbon	Inverness	0:08:30
6	Gillian Main	Silver City Blues	0:09:17
7	Jennifer MacDougall	Inverness	0:10:28
	Debbie Robertson	Nairn	DNF
	Madina Kurmanbaeva	Bridge of Don	DNS

Masters Women's 500 m (reduced from 1.5 km)

Place	Name	Club	Actual Time	Adjusted Time
1	Kelly McIntosh	Silver City Blues	0:06:48	06:39.67
2	Ruth Bryce	Aberdeen Dolphin	0:07:57	07:57.00
3	Gillian Main	Silver City Blues	0:09:17	07:57.66
4	Fiona McGibbon	Inverness	0:08:30	08:01.30
5	Alexis Holmes	Ren 96	0:08:49	08:19.23
6	Jennifer MacDougall	Inverness	0:10:28	09:32.45
7	Jayne Prins	Ren 96	0:11:29	10:28.06
	Madina Kurmanbaeva	Bridge of Don	DNS	
	Debbie Robertson	Nairn	DNF	

Masters Women's 500 m (reduced from 1.5 km) - North District

Place	Name	Club	Actual Time	Adjusted Time
1	Kelly McIntosh	Silver City Blues	0:06:48	06:39.67
2	Ruth Bryce	Aberdeen Dolphin	0:07:57	07:57.00
3	Gillian Main	Silver City Blues	0:09:17	07:57.66
4	Fiona McGibbon	Inverness	0:08:30	08:01.30
5	Jennifer MacDougall	Inverness	0:10:28	09:32.45
	Madina Kurmanbaeva	Bridge of Don	DNS	
	Debbie Robertson	Nairn	DNF	

10-12 years Men's 500 m

Place	Name	Club	Time
1	Blair Tetlow	Garioch	0:09:01
2	Andrew Lu	Step Rock ASC	0:09:14
3	Cameron Seeley	Step Rock ASC	0:10:52
4	Max Gilbert	Step Rock ASC	0:11:44
5	Eddie Niven	Step Rock ASC	0:12:14

10-12 years Men's 500 m - North District

Place	Name	Club	Time
1	Blair Tetlow	Garioch	0:09:01

13-14 years Men's 500 m

Place	Name	Club	Time
1	Cole Murphy	City of Glasgow	0:07:22
2	Fergus Reid	Garioch	0:07:45
3	Zak Strachan	Step Rock ASC	0:10:07
	Conner Aspinall	East Lothian	DNS
	Harry Cook	Aberdeen Dolphin	DNS

13-14 years Men's 500 m - North District

Place	Name	Club	Time
1	Fergus Reid	Garioch	0:07:45
	Harry Cook	Aberdeen Dolphin	DNS

15-16 years Men's 500 m

Place	Name	Club	Time
	Oscar Chirnside	Garioch	DNS
	Rhys Edwards	Dumfries	DNS

15-16 years Men's 500 m - North District

Place	Name	Club	Time
	Oscar Chirnside	Garioch	DNS

10-12 years Women's 500 m

Place	Name	Club	Time
1	Ava Smith	Garioch	0:08:18
2	Freya Edie	Step Rock ASC	0:08:35
3	Libby Tweedie	Garioch	0:09:03
4	Ailsa Macpherson	Garioch	0:09:43
5	Elodie Dempster	Step Rock ASC	0:09:43
6	Eva Stuart	Step Rock ASC	0:09:53
7	Iona Kellock	Dumfries	0:09:55
8	Freyja Aspinall	East Lothian	0:10:50
	Islay Hannah	Perth City	DNF

10-12 years Women's 500 m - North District

Place	Name	Club	Time
1	Ava Smith	Garioch	0:08:18
2	Libby Tweedie	Garioch	0:09:03
3	Ailsa Macpherson	Garioch	0:09:43

13-14 years Women's 500 m

Place	Name	Club	Time
1	Daisy Gildea	City of Glasgow	0:07:52
2	Lucy Mitchell	Garioch	0:08:13
3	Lucy Hall	East Lothian	0:08:23
4	Erin McLaughlin	Garioch	0:08:45
5	Mhairi Mackintosh	Step Rock ASC	0:10:06
6	Florence Dempster	Step Rock ASC	0:10:53

13-14 years Women's 500 m - North District

Place	Name	Club	Time
1	Lucy Mitchell	Garioch	0:08:13
2	Erin McLaughlin	Garioch	0:08:45

15-16 years Women's 500 m

Place	Name	Club	Time
1	Isla Reid	Garioch	0:08:03
2	Alice Perry	Warrender	0:08:11
3	Ellie Tetlow	Garioch	0:08:14
4	Elizabeth McWilliam	Garioch	0:09:05
	Zara Kidd	Dundee City Aquatics	DNS

15-16 years Women's 500 m - North District

Place	Name	Club	Time
1	Isla Reid	Garioch	0:08:03
2	Ellie Tetlow	Garioch	0:08:14
3	Elizabeth McWilliam	Garioch	0:09:05